



## Session # 3: Action Guide

Honoring “YES” & “No”

The signs that let me know I’m honoring my “YES” are?

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The signs that let me know I’m honoring my “NO” are?

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**My Action Steps For This Session Are:**

- 1.
- 2.
- 3.
- 4.

### **\*Important Reminder:**

Set up the \_\_\_\_\_ for success in my life so that \_\_\_\_\_ happens ;-)

**AHA/Notes:**

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