



Session # 1: Action Guide

Allowing what I truly desire to come to light

My specific, measurable outcome in 90 days is:

My Big MOFA Is:

My Anchors Are:

- 1.
- 2.
- 3.
- 4.



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Allowing what I truly desire to come to light

Clutter I'm Clearing To Make Room For **What I Truly Desire:**

My**Action Steps** For This Session Are:

1. Declutter:
2. Connect with my anchors.
- 3.
- 4.

AHA/Notes:
